



Wellness Chews, Energy Formula Ingredient List

- THIAMIN (AS THIAMINE MONONITRATE)
- RIBOFLAVIN
- NIACIN (AS NIACINAMIDE)
- VITAMIN B6 (AS PYRIDOXINE HYDROCHLORIDE)
- VITAMIN B12 (AS METHYLCOBALAMIN)
- L-TYROSINE
- CAFFEINE DERIVED FROM TEA (*CAMELLIA SINENSIS*)
- CIRCADIPLEX™ BLEND:
 - ASHWAGANDHA (*WITHANIA SOMNIFERA*) ROOT AND LEAVES EXTRACT, GOTU KOLA (*CENTELLA ASIATICA*) WHOLE HERB POWDER, REISHI MUSHROOM (*GANODERMA LUCIDUM*) FRUIT POWDER
- ORGANIC RAW CANE SUGAR
- ORGANIC RICE SYRUP
- POTATO MALTODEXTRIN
- CARNAUBA WAX
- NATURAL FLAVORS
- SUNFLOWER LECITHIN
- SUNFLOWER OIL
- FRUIT AND VEGETABLE JUICE (FOR COLOR)
- CITRIC ACID
- GLYCERIN
- MALIC ACID

Supplement Facts

Serving Size: 1 chew

Servings Per Pouch: 30

	Amount Per Serving	% Daily Value*
Calories	20	
Total Carbohydrate	4 g	1%
Total Sugars	3 g	†
Includes 3g of Added Sugars		6%
Thiamin (as Thiamine Mononitrate)	0.6 mg	50%
Riboflavin	0.65 mg	50%
Niacin (as Niacinamide)	8 mg	50%
Vitamin B ₆ (as Pyridoxine Hydrochloride)	0.85 mg	50%
Vitamin B ₁₂ (Methylcobalamin)	2.4 mcg	100%
L-Tyrosine	125 mg	†
Caffeine (from <i>Camellia sinensis</i>)	70 mg	†
Circadiplex™ Blend	67 mg	
Ashwagandha (<i>Withania Somnifera</i>) Root and Leaves Extract		†
Gotu Kola (<i>Centella asiatica</i>) Whole Herb Powder		†
Reishi Mushroom (<i>Ganoderma lucidum</i>) Fruit Powder		†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: Organic raw cane sugar, organic rice syrup, potato maltodextrin, carnauba wax, natural flavors, sunflower lecithin, sunflower oil, fruit and vegetable juice for color, citric acid, glycerin, malic acid.



Wellness Chews, Sleep Formula Ingredient List

- L-TRYPTOPHAN
- CIRCADIPLEX™ BLEND:
ASHWAGANDHA (*WITHANIA SOMNIFERA*) ROOT AND LEAVES EXTRACT, GOTU KOLA (*CENTELLA ASIATICA*) WHOLE HERB POWDER, REISHI MUSHROOM (*GANODERMA LUCIDUM*) FRUIT POWDER
- CHAMOMILE (*MATRICARIA CHAMOMILLA*) FLOWER POWDER
- MELATONIN
- ORGANIC RAW CANE SUGAR
- ORGANIC RICE SYRUP
- NATURAL FLAVORS
- HONEY
- SUNFLOWER LECITHIN
- SUNFLOWER OIL
- CITRIC ACID
- GLYCERIN
- MALIC ACID

Supplement Facts

Serving Size: 1 chew Servings Per Pouch: 30

	Amount Per Serving	% Daily Value*
Calories	20	
Total Carbohydrate	4 g	1%
Total Sugars	3 g	†
Includes 3g of Added Sugars		6%
L-Tryptophan	50 mg	†
Circadiplex™ Blend	67 mg	
Ashwagandha (<i>Withania somnifera</i>) Root and Leaves Extract		†
Gotu Kola (<i>Centella asiatica</i>) Whole Herb Powder		†
Reishi Mushroom (<i>Ganoderma lucidum</i>) Fruit Powder		†
Chamomile (<i>Matricaria chamomilla</i>) Flower Powder	5 mg	†
Melatonin	1.5 mg	

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: Organic raw cane sugar, organic rice syrup, natural flavors, honey, sunflower lecithin, sunflower oil, citric acid, glycerin, malic acid.